

NSB Police Athletic League

December 2010



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Dear Police Athletic League Family (Parents, Coaches, and PAL Members),

Let us take this opportunity to wish you the happiest of holiday seasons. It is difficult to believe we are moving towards the end of 2010 so quickly.

This has been a very busy and rewarding year. We began the year with our basketball program in full swing. New Smyrna Beach PAL is fortunate to have so many wonderful basketball coaches. Coach AJ Ammons, Coach Pop Mitchell, and Coach J. J. Keating took their teams to the state PAL tournament. Coach AJ's team placed 3rd at the state tournament, while Coach Pop and J.J.'s team, the girl's 12 and under team, placed 2nd and the girl's 10 and under won the tournament.

Officer Bob Otto's karate program continued to flourish. Students really enjoy the PAL Karate. One student recently shared that Sensei Bob provides "more than other karate classes, he teaches you how to defend yourself". Other students have shared that it is a fun way to get exercise.

Other sports activities that PAL sponsored this year included cheerleading, track and field, volleyball, and wrestling. Each program offered safe and entertaining opportunities for kids to become and/or remain active.

Two new programs offered through NSB PAL in 2010 were our grant funded tutoring and mentoring programs. We are fortunate to have both DeAnna McDuffie as the Program Manager for the PAL Tutoring Program and Sonya Hogan as Director of our National PAL Mentoring Program. Sonya works with our young people at the Babe James Center on a daily basis.

NSB PAL also presented three scholarships to the 2010 graduating class of New Smyrna Beach High School.

2011 promises to be a year full of opportunities for the young people of our community. We look forward to continuing to offer programs to support you and your youth in developing skills and relationships that lead to a strong sense of self-worth.

Thank you for your continued support. We feel blessed to be surrounded by so many community members that truly want to make a difference in the lives of our youth. Wishing you and yours the happiest, healthiest, and safest of holiday seasons!

DeAnna McDuffie & Officer Dave Adkins,
NSB PAL President Executive Director

